

West View Savings Bank

“Over 100 Years of Quality Banking”

Volume 3, Issue 1

NEWSLETTER

January 2010

Do You Know Someone That Needs Help With Their Heating Bill?

A Message From Our President David J. Bursic

Winter seems to have come early this year. With the increase in energy costs, more and more people are finding it harder to heat their homes and keep up with their home heating bills. It is important to know that there is help available to keep the heat on. Eligible heating fuels include natural gas, electricity, fuel oil, kerosene, propane, coal, and wood. Additional information can be found on-line at <http://www.dpw.state.pa.us/ServicesPrograms/LIHEAP/>.

HEATING ASSISTANCE / LIHEAP

The Pennsylvania Low Income Home Energy Assistance Program (LIHEAP) helps eligible people pay their heating bills. A family of four

continued on page 2

INSIDE THIS ISSUE

- 1 Message from our President
- 1 Aktion Club
- 3 Spotighting Allegheny North Aktion Club
- 4 Kids Korner
- 4 From Frosty's Kitchen

Aktion Club – A Partnership To Help People



The Baierl Family YMCA and the Kiwanis Club are partnering to form Aktion Club

The Baierl Family YMCA Branch of the Greater Pittsburgh YMCA and the Kiwanis Club of Allegheny North have developed a partnership to expand services to people with disabilities. Through the formation of an Aktion Club, adults with disabilities will have an opportunity to develop initiative and leadership skills. *continued on page 3*



with an annual income of \$33,075 can qualify for help.

WHAT IS LIHEAP?

LIHEAP is a grant to help people pay their heating bills. This grant does not need to be repaid. No lien is placed on the property if this help is received.

HOW DOES LIHEAP WORK?

LIHEAP offers both cash and crisis grants, and is open for application starting November 2, 2009. The program closes March 15, 2010. The length of the program may change depending on availability of funding and other factors.

Cash Grants

Cash grants help people pay their heating bills. The grant payment is sent directly to the utility company or fuel provider, and it will be credited on the utility bill. (In some cases, the check may be mailed to you directly.)

Crisis Grants

Crisis grants help families who have an emergency and are in danger of being without heat. Emergencies include:

- Having broken heating equipment, (like a furnace) or leaking lines
- A fuel shortage that may leave you without heat
- Having utility service shut off

WHO IS ELIGIBLE?

People may qualify for a LIHEAP grant if their income meets the following income guidelines:

INCOME GUIDELINES 2009 – 2010 LIHEAP (For Homeowners and Renters)

Household Size	Maximum Income
1	\$16,245
2	\$21,855
3	\$27,465
4	\$33,075
5	\$38,685
6	\$44,295
7	\$49,905
8	\$55,515
9	\$61,125
10	\$66,735

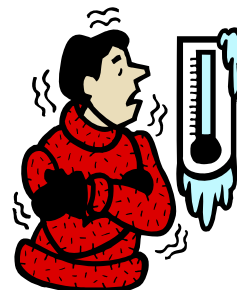
HOW DOES SOMEONE APPLY?

- Apply online at www.compass.state.pa.us
- Call the Statewide LIHEAP Hotline at 1-866-857-7095 or TDD for the hearing-impaired 1-800-451-5886
- Applications are available at all West View Savings Bank branches.

Information Needed to Apply:

- Names of people in the household
- Dates of birth for all household members
- Social Security Numbers for all household members
- Proof of income for household members
- A recent heating bill

If you or someone you know needs help and may qualify, please apply today. LIHEAP funds are limited – grants are awarded on a first come, first served basis.



SPOTLIGHTING



Allegheny North Aktion Club

Membership in the Allegheny North Aktion Club is open to adults over the age of 18 years with mental and physical disabilities. Aktion Club members have an opportunity to give back to our community. Club members hold leadership roles in the club. They set the pace of the club's service projects and activities which help build decision making skills and leadership opportunities. Through directing the club activities, serving the community and socializing with peers Aktion Club members improve self esteem and strengthen their belief in themselves.

Aktion Clubs are part of the Kiwanis family of Service Leadership Programs including K- Kids, Terrific Kids, Bring Up Grades, Builders Club, Key Club, Circle K and Aktion Club.

The members of the Kiwanis Club of Allegheny North will support and advise the members of the Aktion Club of Allegheny North. Kiwanis members are working with the Pennsylvania Connecting Communities and the members of the Northern Area Special Olympics to recruit charter members for the new Aktion Club. Some possible service projects for the new Aktion Club include working with Meals on Wheels, making Caring Dolls for hospital patients and doing mailings for community organizations.

The Kiwanis Club of Allegheny North meets on the second and fourth Tuesday of each month. New members are always welcome.

For meeting locations and information about the Kiwanis Club of Allegheny North please contact us at AlleghenyNorthKiwanis@gmail.com.

The Baierl Family Branch of the YMCA of Greater Pittsburgh is expanding its High Hopes Outreach Program to serve adults with disabilities with this Aktion Club Partnership. The YMCA High Hopes program also includes a program for teens with disabilities and a summer day Camp High Hopes for children with disabilities. For more information about this program contact Sharon Blakley at 724-934-9622 or Sblakley@ymcaofpittsburgh.org.

For more information about Aktion Club please visit the Kiwanis web site at www.AktionClub.org.

Aktion Club members will also participate in social activities in Northern Allegheny County. The pictures show some activities for Aktion Club.

We hope this information will help expand our partnership to provide service to people with disabilities in Northern Allegheny County. If you have any service project ideas, social activities or other ideas to improve this partnership please contact the Baierl Family YMCA or The Kiwanis Club of Allegheny North.



Newsletter Contributors

Special Contributor:

Robert Marko, Past President of the Kiwanis Club of Allegheny North

KID'S KORNER



Silly Snowman Jokes

What are snowmen's favorite breakfast food?

Frosted Flakes.

What do you get when you cross a snowman with a vampire?

Frostbite.

What do snowmen wear on their heads?

Ice caps.

What do you call Frosty the Snowman on rollerblades?

A snowmobile

What did one snowman say to the other snowman?

Do you smell carrot?

What did the snowman order for lunch?

Icebergers with chilli sauce.

What is a snowman's favorite drink?

Ice Tea.



From Frosty's Kitchen



Snowman Stew

Ingredients

1 pound ground beef
1 (16 ounce) package frozen stew vegetables, divided
1 (10.25 ounce) can beef gravy
2 cups hot mashed potatoes (prepared with a small amount of milk)
16 whole black peppercorns
1/4 cup ketchup

Directions

In a skillet, brown beef; drain. Remove 24 peas and one carrot chunk from the stew vegetables; set aside. Add the remaining vegetables to beef. Cook until vegetables are thawed.

Add gravy; mix well. Pour into an ungreased 9-in. pie plate. Top with eight mashed potato snowmen, using 1 tablespoon of potatoes for each head and 3 tablespoons for each body. Bake, uncovered, at 350 degrees F for 20 minutes.

Meanwhile, with a sharp knife, cut the reserved carrot into eight strips. Insert one strip into each snowman for a nose. Place three reserved peas on each for buttons. Add peppercorns for eyes. Drizzle ketchup between head and body to form a scarf.